

# October 2024 | Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>September 30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Chicken and Waffle Sandwich ✓	Chicken Sausage and Scrambled Eggs ✓	Blueberry Muffin ✓	Blueberry Pomegranate Breakfast Bar ✓	Honey Cheerios Cereal ✓✓
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Chicken Sausage Biscuit Sandwich ✓	Maple Waffles ✓✓	Bagel Sticks with Cream Cheese ✓	Banana Bread ✓	No School Statewide Inservice
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chicken and Waffle Sandwich ✓	Chicken Sausage and Scrambled Eggs ✓	Honey Cheerios Cereal ✓✓	Blueberry Pomegranate Breakfast Bar ✓	Egg and Cheese Filled Hashbrown ✓✓
<b>21</b>	<b>22</b>	<b>23 Early Release</b>	<b>24</b>	<b>25</b>
Chicken Sausage Biscuit Sandwich ✓	Maple Waffles ✓✓	Bagel Sticks with Cream Cheese ✓	Cinnamon Crumble Bread ✓	French Toast Sticks ✓✓
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Chicken and Waffle Sandwich ✓	Mini Pancakes ✓	Chicken Sausage and Scrambled Eggs ✓	Blueberry Pomegranate Breakfast Bar ✓	

Updated: 9/26/24

✓ Vegetarian option, may contain cheese &/or egg | Items with 6g or less of added sugar per serving ✓

1% plain milk, fat free plain milk, 1/2 cup of fruit and a 1/2 cup of juice are offered daily with each breakfast. Students **MUST** choose at least **½ cup of fruit**.

**Menu is subject to change.** This institution is an equal opportunity provider.