## September 2024 | Head Start and Pre-K Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Breakfast		Cinnamon Chex Cereal 😵	Chicken and Waffle Sandwich	Cinnamon Crumble Bread 🔮	
Lunch	Labor Day Holiday Schools Closed	Mozzarella Breadsticks 📎	Bean and Cheese Burrito 🕅	Cheese Pizza 🕜	No School for Students
Snack				Yogurt and Granola 🕅	
	9	10	11	12	13
Breakfast	Chicken Sausage Biscuit Sandwich	Maple Waffles <b>(</b>	Apple Cinnamon Oatmeal Round 😵	Pumpkin Bread 🔇	
Lunch	Teriyaki Chicken with Brown Rice	Mozzarella Breadsticks 🔇	Chicken Dumplings	Cheese Pizza 🔇	No School for Students
Snack	Yogurt and Granola 📎	Fruit Cup and Crackers 🔇	Fruit and Crackers 🕅	Fruit and Tortilla Chips 🔇	
	16	17	18	19	20
Breakfast	Chicken and Waffle Sandwich	Mini Pancakes 😵	Chicken Sausage and Scrambled Eggs	Cinnamon Chex Cereal 🔇	
Lunch	Pasta with Marinara and Mozzarella 🕥	Chicken Tenders	Bean and Cheese Nachos 😵	Cheese Pizza 🔇	No School for Students
Snack	Fruit and Chex Mix 😵	Fruit Cup and Crackers 🔇	Yogurt and Granola 🔇	Cheese and Vegetables 🔇	
	23	24	25 Early Release	26	27
Breakfast	Chicken Sausage Biscuit Sandwich	Maple Waffles 🕜	Bagel Sticks with Cream Cheese 🕜	Breakfast Bread <b>V</b>	
Lunch	Orange Chicken with Brown Rice	Mozzarella Breadsticks 👔	Turkey Sandwich	Cheese Pizza 🔇	No School for Students
Snack	Yogurt and Granola 📎	Fruit Cup and Crackers 🔇	Fruit and Crackers 🕅	Fruit Cup and Tortilla Chips 📎	
	30				
Breakfast	Chicken and Waffle Sandwich				
Lunch	Cheesy Baked Potatoes with Seasoned Beans	-			
Snack	Fruit and Chex Mix 🕥				

 $\sim$  Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with 🥩

Updated: 9/5/24

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Unflavored 1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Menu is subject to change. This institution is an equal opportunity provider.