## November 2024 Creston Head Start Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					1
Lunch	-				No School for Students
Snack					
	4	5	6	7	8
Breakfast	Cereal 🕜	Breakfast Bread 🕥	Cereal 🕜	Bagel Sticks with Cream Cheese 📎	Lemon Bread <b>V</b>
Lunch	Yogurt and Granola 🕥	Mozzarella Breadsticks 🕥	Teriyaki Chicken with Brown Rice	Cheese Pizza 🕥	Chicken Fillet Sandwich
Snack	Cheese and Crackers 📎	Fruit and Chex Mix 😵	Fruit and Crackers 🕜	Yogurt and Granola 🕅	Vegetables and Chex Mix 😵
	11	12	13	14	15
Breakfast		Cereal 😯	Breakfast Bread 😵	Blueberry Chex Cereal <b>V</b>	
Lunch	Veteran's Day Schools Closed	Pasta with Marinara and Mozzarella 🕥	Bean and Cheese Nachos 🕜	Cheese Pizza 🕥	No School for Students
Snack		Fruit and Crackers 😵	Yogurt and Granola <b>V</b>	Cheese and Vegetables 🕅	
	18	19	20 Early Release	21	22
Breakfast	Honey Cheerios Cereal 😵	Breakfast Bread <b>V</b>	Cereal 🕜	Bagel Sticks with Cream Cheese 📎	Pumpkin Bread <b>V</b>
Lunch	Teriyaki Chicken with Brown Rice	Mozzarella Breadsticks 🝞	Cheese Sandwich <b>V</b>	Cheese Pizza 🕥	Roast Turkey and Gravy
Snack	Cheese and Crackers 📎	Fruit and Chex Mix 📎	Fruit and Crackers 🕜	Yogurt and Granola 🕜	Vegetables and Chex Mix 😵
	25	26	27	28	29
	Day/Evening Conferences No School for Students	Day/Evening Conferences No School for Students	No School for Students	Happy Thanksgiving Schools Closed	District Closed

Updated: 10/30/24

🔇 Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with 🧐

Unflavored 1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.

Menu is subject to change. This institution is an equal opportunity provider.